



POLICY FOR SUN SAFETY

Written By: Nursery Manager

Date approved by Directors: _____

Signed _____

Date for Review: SEPTEMBER 2018

Sun Safety Policy

1. Rationale

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

The Nursery aims to help prevent skin cancer in future generations by playing a significant role in changing behaviours through role modelling and education from an early age. Our aim is to gain the Sun Safe accreditation.

Children and staff are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.

2. The main elements of this policy are:

- Partnership: working with parents/guardians, nursery staff and the wider community
- Education: we aim to educate about sun safety in order to influence behaviour
- Protection: we aim to provide an environment that enables children and staff to stay safe in the sun.

3. Partnership

Sun safety will be promoted by staff acting upon community advice. Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, hat and sunscreen. Parents will be informed about our rules during the Summer months.

4. Education

Parents and guardians will be asked through letters/newsletters to support this policy by encouraging their children to adopt safe sun and act as role models. Children will be taught songs which will help them remember the basic Sun Safe message. Children will be read 'George the Sun Safe Superstar', an illustrated, rhyming story that educates children on the importance of Sun Safety and staff will regularly reinforce the sun safe messaging through discussion.

5. Protection

Shade: The nursery gardens have shade provided either by outdoor shelter(s), trees and/or we have temporary structures i.e. gazebos, etc for use during outdoor play. Children will be encouraged to use the shaded areas during playtimes when appropriate. On days when heat is extreme children will be offered indoor play in the hall.

Clothing: The children will be encouraged to wear clothes that provide good sun protection.

Parents/guardians will be informed of the importance to provide the

nursery with appropriate sun hats and sunscreen. The nursery will provide spare appropriate sun hats.

Drinking Water: Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during outdoor play times.

6. Applying sunscreen:

- Parents are advised to apply sun-cream before their child comes to nursery for a session.
- Staff will be unable to apply sun-cream to children unless a written permission slip is signed.
- Parents will be informed that sun-cream will only be applied to those children who stay throughout the day particularly to children under three, because the latter may get over-heated if 8 hour sun-cream is used.

1. Policy Owner

The policy owner is the Nursery Manager

2. Issue Date: September 2017

3. Review Date: September 2018

Director Signature:

Mr M Crump

September 2017