

Charters Ancaster Nursery Toileting Policy

HOW TO TELL IF THE CHILD IS READY?

The Child:

- Follows simple directions
- Remains dry for at least 2 hours at a time during the day.
- Dry after nap time.
- Regular and predictable bowel movements (some may have bowel movements every day and some may have to go 2-3 days.)
- Walks to and from the bathroom, pulls down own pants.
- Seems uncomfortable with soiled or wet nappies.
- Seems interested in the toilet.
- Has asked to wear grown up underwear.

If the child has most of these skills, then they are probably ready to start toilet training. If they do not have most of these skills or have a negative reaction to toilet training, wait a few weeks or months until most of these skills are in place. Starting too soon can actually delay the process and cause tears and frustration. Toilet training is much easier when the child is ready.

TOILET TRAINING POLICY

- Charters Ancaster Nursery aims to meet the developmental needs of each child within its care with regards to toileting. As far as possible toilet training if initiated at home will be continued within the nursery environment to maintain continuity, or will commence after discussion by request of the parents, or by staff who recognise signs which indicate the child's readiness towards toilet training.
- Children will be treated as individuals by all the staff and toilet training will be initiated with consultation with parents when a child shows an awareness of his or her needs rather than a specific age.
- Staff will adopt a positive reinforcement approach to each child who is toilet training ie positively reinforcing success and minimizing accidents.
- Children will be offered the opportunity to go to the toilet at intervals or if the child indicates his or her toileting needs.
- All soiled or wet clothing and skincare regime will be as per nappy changing policy.
- The parents will be informed of the child's progress. Any issues or areas of concern can be discussed between the staff and parents.

PROCEDURE FOR NAPPY CHANGING

1. The child should wait safely while staff wash their hands.
2. Staff will wear disposable gloves.

3. The child should be changed on changing surface/changing table and will be supervised all the while they are on the changing table. Older children will climb the steps to the changing table but younger children will be placed on the changing table.
4. Wet/soiled nappy will be removed.
5. Child will be cleaned from front to back and barrier cream may be applied at parents request.
6. Clean nappy should be secured on child.
7. Wet/soiled nappies and all cleaning materials will be double bagged and will be disposed of in the designated nappy bin.
8. Staff will remove gloves and wipe/wash child's hands.
9. Staff will clean changing table with anti-bacterial spray(Dettol).
10. Staff will return child to the classroom.
11. Record nappy change in book. Any 'accident' will also be recorded in nappy changing book.

Staff will thoroughly clean the nappy changing surfaces at the end of a 'changing session' and at the end of the day.

NAPPY CHANGING POLICY

- Follow the nappy changing procedure, which should be displayed above nappy changing area.
- Staff must wear disposable gloves while changing wet and dirty nappies.
- To prevent the spread of infection ,only use gloves once.
- A wash hand basin equipped with hot and cold running water is available in changing area.
- After each nappy change, dispose of the nappy in the bin, clean the changing area and wash your hands properly.
- Nappies should be double bagged.
- All nappy-changing areas should be washed down with detergent anti-bacterial spray and dried with individual paper towels between changes.
- If the area becomes contaminated(diarrhoea etc)wash the area with detergent and hot water, then disinfect using a bleach-based disinfectant.
- Clean the changing area and surrounding areas thoroughly after each session.
- Always dispose of gloves before leaving the area.
- Staff and children's hands must be washed after this practice(hands must be washed even if gloves were worn.)
- Replace any deficiencies in soap, detergent or paper towels immediately.
- Record nappy change in nappy changing book.
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TOILET AND WASHING FACILITIES POLICY FOR ATTENTION OF STAFF AND CLEANER

- All toilets are to be cleaned down daily with **hot water and detergent**. This also applies to the toilet seat and handle, sinks, taps and door handles.

- Use disposable cloths.
- If the toilet is stained , use a cream cleanser.
- If an area becomes contaminated with infected material, the area needs **to be washed with hot water and detergent, then disinfected using a bleach –based disinfectant. Dilute according** to written guidelines and floor manufacturer’s instructions regarding contact times.
- Toilet floors should be washed daily and spillages attended to as they occur.
- Toilet paper is to be provided for children at all times (toilet roll holders to be provided in close proximity.)
- **All children must be supervised when going to the toilet although staff do not need to be present all the time but in earshot and checking children are using the toilets correctly. This promotes independence.**
- Staff will educate children on how to wash their hands properly and supervise this activity **on every occasion.**
- Check the water regularly to ensure the correct temperature for hand-washing ie 43C.